

Prompts for Your Family Stories

The list of family stories questions are prompts from *The Healing Power of Stories* by Daniel Taylor. Read through one by one and give each one enough time to allow the stories to arise. Some may have been long forgotten; others will be seen as stories for the first time. Some prompts may not prompt anything!

After you read through the prompts, pick two of your family stories which surfaced that you would like to tell to someone. In your journal, do the journal activities listed here for each of the two stories you picked.

Journal Activities

1. Write down key words or phrases that come to mind as you recall it.
2. Divide the story into 2-4 parts and create a storyboard.
3. Review the story out loud using your storyboard.
4. Jot down answers to one of the story evaluation questions.

Story Evaluation Questions

Evaluate each story for its life- and character-shaping effects:

- What lessons or morals are taught?
- What values are implied?
- What is being celebrated or warned against?
- What view of the world comes through?
- What effect has it had on you?
- How has it shaped you as a character?